

# Spring Cleaning Checklist

## Kitchen

- Dust ceilings, walls, corners, windows and baseboards
- Wash baseboards, door casings, window sills, doors and walls
- Vacuum and wash vents
- Wash windows - inside and out
- Dust blinds - wash curtains
- Wash kitchen cabinets - inside and out
- Deep clean oven
- Deep clean microwave
- Deep clean dishwasher
- Move stove - vacuum and mop behind it
- Vacuum stove vents
- Move fridge - vacuum and mop behind it
- Vacuum coils on fridge
- Deep clean fridge inside - wash outside
- Deep clean freezer - defrost if necessary
- Shine and disinfect sink
- Dust and shine overhead lights - replace burnt light bulbs
- Clean counters and backsplash - disinfect
- Mop floor - wax if necessary

## Living Room

- Dust ceilings, walls, corners, windows and baseboards
- Wash baseboards, door casings, window sills, doors and walls
- Vacuum and wash vents
- Wash windows - inside and out
- Dust blinds - wash curtains
- Clean television screens
- Dust and wash all mirrors, frames and decorative items
- Vacuum all lamp shades
- Dust and shine overhead lights - replace burnt light bulbs
- Dust furniture and fixtures
- Wash all throw pillows and blankets
- Move all pieces of furniture - vacuum and dust behind
- Dust and polish furniture
- Vacuum and shampoo carpets - mop and wax if necessary
- Vacuum couch crevices

## Other

- Discard old and expired makeup. Clean makeup holder
- Update first aid kit. Sort and toss expired medication
- Dry clean winter coats. Put away for next winter.
- Wash mitts, hats and scarves. Store for next year.
- Begin Sell, Donate, Toss piles. Use them.

## Bedrooms

- Dust ceilings, walls, corners, windows and baseboards
- Wash baseboards, door casings, window sills, doors and walls
- Vacuum and wash vents
- Dust blinds - wash curtains
- Wash windows - inside and out
- Dust and wash mirrors, frames and decorative items
- Dust and polish furniture
- Move all furniture - dust and vacuum behind it
- Vacuum and shampoo carpets - mop if necessary
- Vacuum lampshades
- Dust and shine light fixtures and ceiling fans
- Wash all bed and throw pillows
- Wall all bedding
- Flip mattress - if using a pillow top, rotate mattress

## Bathroom

- Dust ceilings, walls, corners, windows and baseboards
- Wash baseboards, door casings, window sills, doors and walls
- Vacuum and wash vents
- Wash windows - inside and out
- Dust blinds - wash curtains
- Clean and disinfect tub and shower
- Wash shower curtain and liner
- Clean mirror
- Wash bathmat
- Dust and wash decorative items
- Shine and disinfect sink
- Dust and shine overhead lights
- Mop floors
- Scrub and disinfect toilet - inside and out
- Clean and disinfect counters

## Home

- Change batteries in smoke and carbon monoxide detectors
- Vacuum smoke and carbon monoxide detectors
- Check expiration date on fire extinguisher
- Change furnace filter
- Sweep front porch and back deck. Get rid of winter.
- Open windows and enjoy the fresh air!
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